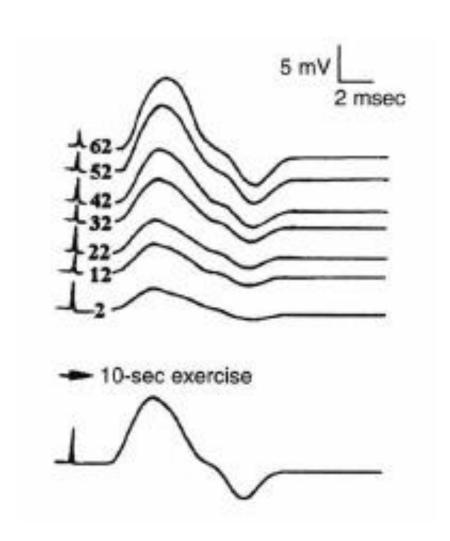
Short exercise test

- Ulnar nerve ADM
- Baseline CMAP one per minute for 5 minutes
- 5-10sec maximal voluntary contraction
- Immediate post exercise CMAP, if decrement seen continue to record every 10sec up to 1-2min

Short exercise test



Long exercise test

- Ulnar nerve ADM
- Baseline CMAP one per minute for 5 minutes
- 5min maximal voluntary contraction resting every 25sec for 5sec
- Post exercise record CMAP every minute for next 10 minutes followed by every two minutes for next 40 minutes

Long exercise test 15-Amplitude (mV) **Normal** 5 minutesexercise 25 35 55 Minutes after exercise 15 39% increase Amplitude (mV) 62% decrease **Abnormal** 5 minutesexercise

15 25 35 4 Minutes after exercise

45

55